

Players/Parents,

I hope this letter finds everyone well and ready for a successful year. My name is Rob Dudley. I have been given the opportunity to coach The James Monroe Yellow Jackets Lacrosse Team this year. I am very excited about joining the Jayem family. Working with the Administration, Parents, and Players we plan to build a program that teaches responsibility, integrity, and team work. A team is defined by the quality of it's relationships and commitment to it's cause. It will fall upon each of us (Players, Parents, Coaches, and Administration) to become a truly successful lacrosse program.

I began playing lacrosse in the 1980s at Fork Union Military Academy. After high school, I played for Radford University. Since Radford, I have played for various men's league teams both in the Washington DC and Atlanta, Ga area. In 2000 and 2001 I was an assistant coach at Roswell High School in Roswell, GA. Over the past 5 years, I have been involved in the Spotsylvania Ravens program as both a Coach and Boys Commissioner. Last season I was the Assistant Varsity Coach for Massaponax HS in their first year as a VHSL sanctioned sport. As the James Monroe Coach, I am excited about the continued opportunity to teach the game that has been such an important part of my life. Although all the details have yet to be worked out, I hope be joined this year by Coach Jay Snyder. Coach Snyder brings a wealth of knowledge and has been a mainstay in the Jayem program. With years of coaching experience, he is an invaluable asset to our team.

We are planning to start our fall ball work soon after school begins. Days, times, and locations will be announced. Please consider signing up for the local Fall Ball League run by The Virginia Lacrosse Company (www.valaxco.com). There are a number of local high school teams participating. If we do not enough players for a full squad, we will be paired up with another team that is also short.

There are a few new ways to communicate this year. Please join the Facebook group and if on twitter, please follow. There will be updates through out and these should allow everyone to stay connected. As I receive cell numbers, we will communicate through texts as well.

Facebook - Group - Jayem Lacrosse

Twitter - James Monroe Lax - @jayemlax

Email - Jayemlax@gmail.com

I hope everyone has had a wonderful summer and we look forward to working with you soon.

Sincerely,

Rob Dudley
Head Lacrosse Coach
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